

RECOMPENSES

Les trois premiers du 400 NL, du 800NL et du 1500 NL seront récompensés ainsi que les trois premiers des finales A.

GRILLE DE QUALIFICATION

CHAMPIONNAT INTERREGIONAL GRILLE QUALIFICATION DAME						
	SENIOR	JUNIOR	CADETS 2	CADETS 1	MINIME 2	MINIME 1
50NL	29.02	30.29	30.48	30.66	30.86	31.58
100NL	1:02.60	1:05.32	1:05.75	1:06.11	1:06.56	1:08.11
200NL	2:14.77	2:20.64	2:21.55	2:22.34	2:23.29	2:26.65
400NL	4:41.79	4:54.04	4:55.96	4:57.63	5:01.33	5:08.41
800NL	9:40.00	10:05.21	10:09.16	10:12.58	10:20.21	10:34.79
1500NL	18:27.48	19:15.77	19:16.97	19:23.47	19:37.95	19:58.61
50Dos	33.45	34.89	35.13	35.32	35.56	36.39
100Dos	1:10.33	1:13.39	1:13.88	1:14.28	1:15.21	1:16.98
200Dos	2:30.31	2:36.84	2:37.86	2:38.75	2:40.73	2:44.52
50Bra	36.34	37.93	38.18	38.39	38.65	39.55
100Bra	1:18.52	1:21.94	1:22.47	1:22.94	1:23.97	1:25.94
200Bra	2:49.65	2:57.02	2:58.18	2:59.18	3:01.41	3:05.68
50Pap	30.95	32.30	32.51	32.69	32.91	33.68
100Pap	1:08.05	1:11.01	1:11.47	1:11.88	1:12.77	1:14.48
200Pap	2:29.25	2:35.73	2:36.75	2:37.64	2:39.59	2:43.35
2004n	2:32.79	2:39.44	2:40.48	2:41.38	2:43.38	2:47.23
4004n	5:22.54	5:36.56	5:38.76	5:40.66	5:44.90	5:50.95
CHAMPIONNAT INTERREGIONAL GRILLE QUALIFICATION MESSIEURS						
Epreuves	SENIOR	JUNIOR	CADET 2	CADET 1	MIN 2	MIN 1
50NL	24.86	25.80	26.41	26.71	27.66	28.86
100NL	54.69	56.76	58.10	58.77	1.00.86	1.03.48
200NL	2.00.51	2.05.05	2.08.01	2.09.47	2.13.28	2.19.87
400NL	4.18.17	4.26.49	4.32.79	4.35.91	4.45.71	4.58.05
800NL	8.55.74	9.16.03	9.29.32	9.35.87	9.52.90	10.22.36
1500NL	17.01.83	17.32.80	17.59.75	18.12.90	18.50.86	19.39.72
50 Dos	29.28	30.40	31.11	31.47	32.59	34.00
100 dos	1.02.20	1.04.20	1.05.72	1.06.47	1.08.84	1.11.80
200 Dos	2.14.93	2.19.28	2.22.42	2.24.22	2.29.33	2.35.79
50 Bras	31.56	32.75	33.51	33.91	35.11	36.63
100 Bras	1.08.79	1.11.01	1.12.69	1.13.52	1.16.13	1.19.42
200 Bras	2.28.32	2.33.12	2.36.72	2.38.52	2.44.14	2.51.24
50 Pap	27.07	28.08	28.75	29.08	30.11	31.41
100 Pap	59.79	1.01.73	1.03.19	1.03.91	1.06.18	1.09.03
200 Pap	2.13.55	2.17.86	2.21.12	2.22.74	2.27.80	2.34.20
2004N	2.16.76	2.21.17	2.24.51	2.26.15	2.31.34	2.37.89
4004N	4.48.15	4.58.48	5.05.54	5.09.03	5.20.00	5.33.82